



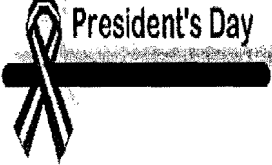





Harrington Senior Meals February 2018



Monday	Tuesday	Wednesday	Thursday	Friday
			1	2 
5 Swedish Meatballs Penne Pasta Italian Vegetables Caesar Salad Peaches French Bread Dessert	6 Chicken Spaghetti Cass. California Vegetables Greek Salad Fruit Salad Garlic Bread Dessert	7 Pork Chop Potatoes & Gravy Peas & Carrots Green Salad Apple Wedges WW Bread or Roll Dessert	8	9
12 Hamburger Steak with Grilled Onions Twice Bake Potatoes Trio Vegetables Garden Veggie Salad Berry Crisp	13 Chicken Salad on Croissant Vegetable Soup Pineapple Dessert	14 Beef Taco Pie Cottage Cheese Spanish Rice Steamed Broccoli Garden Salad Spiced Applesauce Dessert 	15	16 
19 CLOSED  President's Day	20 Country Fried Steak Mashed Potatoes/gravy Buttered Corn Garden Salad Chilled Pears WW Bread or Roll Dessert	21 Lemon Baked Fish Wild Rice Steamed Broccoli Coleslaw Mandarin Oranges WW Bread or Roll Dessert	22	23
26 Bacon & Egg Salad Sandwich Tomato Slices Spinach Salad Citrus Salad Dessert	27 Cheese Ravioli with Meat Sauce Caesar Salad Peaches Garlic Bread Dessert	28 BBQ Chicken Macaroni & Cheese Broccoli Normandy Spiced Salad Apricots Bran Muffin Dessert		

Seniors Age 60 & over—suggested donation \$4.00
Under age 60—\$8.50 FEE
 Please call the Nutrition Director for more information about
 the Home Delivered Meal program toll-free 844-826-7979